

follow up care checklist

**Ask your healthcare team
and tick the boxes once you
have the information**

- Which doctors do I need to see and how frequently?
- How will care between my GP and oncology team be communicated?
- What ongoing tests and cancer screenings do I need and when?
- What signs and symptoms could signal a return of cancer?
- How to manage any treatment related problems?
- Who to contact if I have questions between follow up appointments?
- Details of cancer type and stage
- Details of treatment received
- What ongoing treatment do I need?
- What support is available in the community?
- Who can I speak to about how I'm feeling?
- What lifestyle changes can help reduce the risk of cancer returning?